

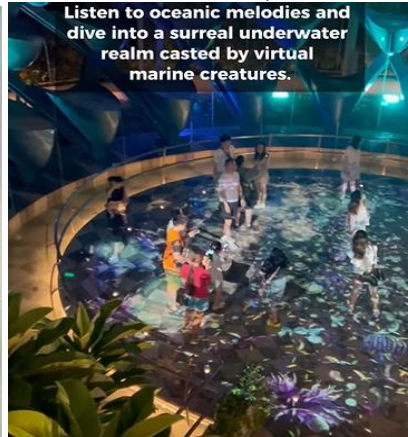
Sept Ramble: Sentosa Palawan Islet and Sensoryscape



Walking Trail

From Harbourfront MRT we walk through Vivocity to Sentosa, cross the rope bridge to the Palawan Islet, that is the 'southernmost point of Continental Asia'. Climb the watch tower to get the bird's eye view of the beach front. Dinner at Good Ole Days Café before our next stop at Sensoryscape for the immersive sensory adventure. Take the Sentosa Express monorail to Vivocity to end our journey.

Sensoryscape: a plethora of immersive audio-visual experiences



Meet at: **Harbourfront MRT (Exit E)**
 Date / Time: **22nd Sept (Sunday), 3.45pm. Leave at 4.00pm**
 Facilitator: **Edward Khoo**

For new joiners please email secretariat@sace.org.sg. State your mobile number and whether you are a SACE member and we will include you in our group chat.

August Ramble: Sembawang Hot Spring



Bucky Chat

THE PURPOSE OF OUR LIVES IS TO ADD VALUE TO THE PEOPLE OF THIS GENERATION AND THOSE THAT FOLLOW
 BUCKMINSTER FULLER

September Bucky Chat:



The documentary "Your Brain: Perception Deception", available on YouTube, explores how the human brain processes sensory information, often leading to illusions and false perceptions. It highlights how our brain constructs reality by interpreting signals from our senses, which can sometimes be misleading. Through various experiments and examples, the film demonstrates how easily perception can be manipulated, revealing the brain's complex mechanisms for understanding the world. The video also discusses the implications of these perceptual quirks on our understanding of reality and decision-making; strategies for improving critical thinking and becoming more aware of our own perceptual biases.

This is an extension of our previous month's discussion on **Your Brain - who is in control**: we asked was it our brain, AI, or our creator? Why am I I?

Interested in these topics? Email us at secretariat@sace.org.sg to join our chat.

Date: **27th Sept, Friday**
 Time: **3.30 pm**
 Meet at: **Big Appetite (food court), Funan Mall B2-24**
 Facilitator: **Quek Joo Hock**

August Ramble: Dinner @Beaulieu House





17 AUGUST 2024
THE 'ONE MILLION TREES MOVEMENT'
HOSTED BY NPARKS
ORGANISED BY SHERRY TEO FOR SACE MEMBERS



Tree Planting:

<https://youtu.be/Txb5RkO5Ps?si=mGz6HYlCmuwTMogb>

*SACE members' outing on 22 Aug to enjoy
'We Love Community' by
Odyssey Dance Theatre Ltd, SG
organised by Sherry Teo*



We Love Community:

<https://youtu.be/HwVqOgxbGHw?si=Ux6SAUJK2KfjMpSE>



SACE Garden Interest Group
Visit to Singapore Garden Festival 2024
Organised by our trainer Darren Ng
on 7 August



SENIORS GOT TALENT

Presented by: The Singapore Association for Continuing Education
UEN No. 579550090B

Talent Contest for Singapore Residents Aged 50 years & above

Singing – Dancing – Magic – Standup Comedy – Musical Instruments



Top Prize \$1,000 – Second \$500 – Third \$250

Wednesday 20 November 2024
Kreta Ayer Community Club - Multi-Purpose Hall

For Contest Rules & Application Form: secretariat@sace.org.sg

For further information: Mr Gea Ban Peng – WhatsApp No. 96745780

THE SINGAPORE ASSOCIATION FOR CONTINUING EDUCATION

Dinner & Dance

~Golden Oldies~

Amara Hotel
165 Tanjong Pagar Road, S088539

Lucky Draw, 6 Course Dinner, Live Band & DJ

5.30pm To 11.30pm

Friday
29 November 2024

Only a few tickets left